

FACE OF THE YEAR C'TIMES

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Magazine

23

Title winner

A remarkable force in the world of beauty, clinches an impressive array of 13 titles, showcasing unparalleled triumph and versatility.

Iconic Diva

A reigning beauty queen with titles like Miss Central India 2023, embodies the essence of an iconic diva, seamlessly combining elegance and purpose.

EMERGING STAR

An emerging star, shines brightly in the realms of beauty and leadership, leaving an indelible mark on the world stage.

MOTIVATIONAL SPEAKER & INFLUENCER

Hosts a motivational series on YouTube, "OORJA," inspiring a broader audience beyond the fashion world.

MULTIFACETED TALENTS

Published works in "Reflections" and 57 poetries.

PAGEANT QUEEN

Miss Central India 2023

PRIYA TIWARI

Inspires others to pursue passions and redefine success.

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*Nurturing Success and
Building a Thriving Work-
place*



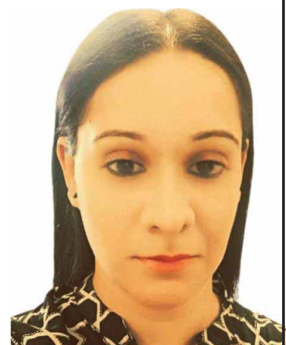
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Mayaa

*Empowering Women
and Nurturing
Minds, A Journey
through Literature,
Podcasts, and
Advocacy.*



Crowning Glory, Priya Tiwari's Journey to Miss Central India 2023 ~ Priya Tiwari



Modeling Triumphs and Beauty with Purpose -

Priya's recent victories in beauty pageants, including Miss Central India 2023, Miss International Queen of India 2023, Miss Ultimate Diva 2023, Miss Popular 2023, Miss Beauty with a Purpose 2023, and Miss Best Dressed 2023, underscore her prowess in the world of fashion. These titles not only celebrate her beauty but also highlight her commitment to meaningful causes, exemplifying the essence of beauty with purpose. As a showstopper for Gunjan Jain Couture and First Runner-up at Miss Universe by Venus, Priya continues to captivate audiences with her elegance and grace. Beyond the runway, her contributions to the fashion industry reflect a perfect blend of style and substance.

Leadership Beyond Glamour -

Priya's leadership extends far beyond glamorous events. Serving as the National Vice President for Sarv Jan Nyay Manch, she actively engages in social causes, exemplifying a genuine commitment to making a positive impact on society. During the COVID-19 pandemic, Priya raised funds for "We the Help Foundation," showcasing her dedication to the well-being of others in times of crisis.

Academic Excellence and Multifaceted Talents -

With an academic background in IT Engineering and an MBA in HRM and Marketing, Priya's multifaceted talents are underlined by her recent receipt of the Star Alumni Award from Prof. Dr. Arindam Choudhary. This recognition not only acknowledges her academic excellence but also her contribution to her alma mater. Priya's passion for writing, as evident in her works featured in "Reflections" and S7 poetries, positions her as a voice for change. Her motivational speaking on platforms like YouTube, through the series "OORJA," further amplifies her ability to inspire and connect with a broader audience beyond the confines of the fashion world.

Priya Tiwari, a distinguished individual with a background in IT Engineering and an MBA in HRM and Marketing, has transcended traditional boundaries, achieving remarkable success in various domains. Her journey is marked by outstanding accomplishments, reinforcing her status as a luminary in beauty, leadership, and social impact. Currently pursuing an M.Tech, Priya stands as the top performer at SIRTE (SAGE GROUP OF INSTITUTIONS). Special thanks to Sneha Mam (HOD) for her guidance and support throughout this remarkable journey.



Priya Tiwari Hits Double-Digits in Titles -

- Miss Central India 2023 winner
- Miss International Queen of India 2023
- Miss Ultimate Diva 2023
- Miss Popular 2023
- Miss Beauty with a purpose 2023
- Miss best dressed 2023
- Showstopper for Gunjan Jain Couture
- Brand Ambassador for Indias Super Model
- Brand Ambassador for SK Star events
- Walked for Bombay Times Fashion Week
- Walked for Pune Times Fashion Week as showstopper
- Global Literary Brand Ambassador
- Brand ambassador for inspiring woman community
- Miss India Queen 2022 winning title
- Miss Bundelkhand 2022
- Miss Popular 2022
- First Runner up at Miss Universe 2022 winning
- Miss Madhya Pradesh India 2022
- Miss Viewers Choice 2022
- First Runner up at Models unity club winning
- KJM dreamz North zone winner
- Miss India iconic diva 2022 zonal winner
- Miss Shining Star at Miss Majestic
- Miss Talented Iconic Diva 2022
- Miss Confident at Face of Mumbai 2022
- CT India Personality 2022
- CT India miss photogenic 2023
- CT India runners up 2023
- Miss Multimedia at Confidence and Crowns 2023
- Miss Golden Heart 2022 at Mr Miss and Mrs Madhyapradesh
- Miss beauty with a purpose 2022
- Miss best dressed 2022

Gratitude and Acknowledgment -

In the wake of her recent triumph as Miss Central India 2023, Priya took a moment to express gratitude to the key figures instrumental in her journey. From organizers like Farha Anwar and show director Apeksha Dabral to grooming experts Karl Sir and Anjana Mam, Priya recognized the collective effort that contributes to her success. Special thanks were extended to individuals like Danish Sir and her love, Haider, for their unwavering support. In the world of beauty, Priya's triumphs are further enhanced by the expertise of the makeup artists at Lakme Academy Bhopal, whose skillful work played a crucial role in complementing her beauty and style.

Mentorship's Influence on Achievement -

Tanvi Kharote, Aarti Mam, Kavita Kishore Mam, Anisha Purswani Mam, Reyansh Sir, and Vaishali Tyagi Mam. At 35, Priya stands as a testament to the idea that passion, dedication, and hard work can defy age barriers in the pursuit of success. In conclusion, Priya Tiwari's journey is a compelling narrative of beauty, leadership, and social impact. Her recent triumphs in beauty pageants, coupled with her leadership in social causes, showcase a remarkable individual whose influence extends far beyond the glamour of the runway. Priya's story inspires others to chase their passions, make meaningful contributions, and redefine success on their terms.

A Village women Champion's Drive for Women Empowerment and a Corruption-Free Tomorrow

~ R.Lavanya



My passion for women's empowerment and societal well-being led me to the role of National Director in the Anti-Corruption and Vigilance sector in India. Over the last two years, I have actively pursued the vision of a corruption-free nation, taking on the responsibility of fostering positive change.

Lavanya, an electrical and electronics engineering graduate hailing from a village background. My journey has been defined by a commitment to social welfare, with a particular focus on uplifting marginalized communities.

In my early endeavors, I dedicated myself to supporting transwomen by providing them with opportunities to meet their basic needs. Additionally, I worked towards reintegrating school dropouts, striving to create a brighter future for them. As the district president of the World Women's Council for the past two years, I have been instrumental in providing essential opportunities for disadvantaged women.

“

Empowering women is not just a choice,

It's our path to a corruption-free, equitable tomorrow.

WOMEN
EMPOWERMENT

Beyond my anti-corruption initiatives, I have engaged with educational institutions to raise awareness about cybercrime and social media ethics. Additionally, I have initiated free skill training programs for the underprivileged and young widows, aiming to equip them with tools for self-sufficiency.

While dedicated to these causes, I find joy in my personal life through hobbies such as cooking and spending quality time with my family. As I continue my journey, my unwavering commitment remains towards creating a better tomorrow, particularly for women and girl children, and working towards a more just and corruption-free society. Proud to be a woman!



From Teacher to Tarot Mastery

A Beacon of Guidance in the Digital Age

~ *Renuka*

Renuka Gupta's transformative journey from educator to acclaimed tarot reader showcases the power of passion-driven purpose.

Juggling roles as a mother and professional, her dedication to genuine service over profit resonates deeply. Her numerous accolades affirm her impactful contributions, highlighting that true success stems from sincere guidance and support for others.

Q.1 Mam , Please brief us about yourself for our readers .

Well as you already know my name Renuka Gupta and am a professional tarot reader , manifestation coach,charms reader, healer ,housewife & mother to a 10 years old girl.i was a teacher and I have worked in school as well as I have taught in scert based institute where I was teaching philosophy and psychology to the would be teachers and then I have also done a counselling course and even worked in corporate for aprox 9 months,but then I got into spirituality and this made me inclined towards tarot

Q.2 How you have started your journey as a tarot reader & Coach ?

I have been always intrigued in the field of future . From a very long time I had this goal fixed in my mind to help people or maybe give them a sneakpeak in their future. More to add, lend a helping hand to the people who have complications in their love life and also help people when in times of need for the guidance and support



Q.3 In your journey definitely your face some hurdles , so what was your approach to handle them ?

Yes, to answer your question. As I work on an online platform so there are many difficulties starting from fake followers to gpay spammers and yes handling the family kid and work all together becomes a little difficult at times

Q.4 When we help people we feel immense pleasure , so how would you describe that feeling which you feel when you help someone?

Exactly, the feeling of immense pleasure and calmness I feel when my clients send me their Feedbacks of how things have started to turn in their favour or how their partner came back,getting success at work,getting new job , this feeling of success and happiness is beyond words.

“ Guidance with Heart, Earning with Integrity: True Success in Tarot Lies in Serving Others Before Self.”

Q.5 Can you give us a sneak peak about your morning routine ?

As I mentioned earlier I am a housewife and mother to a very beautiful girl so the first thing I do in the morning is the duty of a mother and then the duty of being a homemaker as well, as my work as well as my home both are my priorities

Starting from waking up my girl to sending her to school then comes the commitment of marriage and after every chore it's finally me & my tarot time. my family is also very supportive and helps me when I have a lot of work load of tarot

Q.6 What are your favourite hobbies to do in your spare time ?

If I talk about my hobbies then I would say being a homemaker and a professional and a mother does not give me that much of time but yes I give myself 30 mins daily where I meditate and I love listening to songs as it soothes me out brings back my energies and yes I love learning new things as it enhances my knowledge and also my capabilities and keeps me upto date, I would say I love travelling also which rejuvenates me and brings the spark back in me and connecting with nature helps me activate my energies



Q.7 In your journey, which achievement you feel very special and if you want to name some of your achievements ?

The achievements i have received are got my name in Hindustan chronicles top 12 insight and tarot reader, Top 100 Influential women award by diva ,being the member of Indian women History Museum Foundation, a young Indian entrepreneur by the entrepreneur ethics.

Q.8 Would you like to drop any suggestion for those who aspire to be a tarot reader ?

I would like to say that every reader should have a mind set of helping and not only earning money, helping should be the main motive, yes energy exchange is important but helping them and guiding them is the most important,

Relationship Wisdom for the Modern Era, Strategies for a Flourishing 2024 ~ *Shri Mahalakshmi Pillai*



Q.1 We heard apart from Education students you also make sure to improve their uncontrolled habits and addiction?

Yes, I truly believe your sanskar is defined you as how you present yourself with the image you create. For me discipline, well mannered are foremost important. Anyone can teach you but it takes lots of efforts and patience to make students well mannered and remove their addiction which is harmful. The manner which you create gives answers to most of them. You should be an ICON so that others treat you well.

Q.2 You utilised most of hours in educating, travelling, struggling sole independently. How you manage to give time & presence to your daughter Samartha as she is very small? Now she is being honoured with pride daughter of India for her GK from National Icon Award, how you feel?

Being women to manage All at once it's not easy but it's also not impossible.



The pain which I went through true person can judge and imagined it well. From out people don't even know how I made myself strong. A bad chapter of life made me such tough women. I have to struggle for my daughter betterment as well as other children's. I take my daughter to my group class. People and families around me takes care of my daughter so well. Most of them have seen my struggle and sacrifices. I m so thankful for all who takes extra care of my daughter . As long as the time I m with her I make sure I give her quality time. More than me there r abundance people who loves her so much. When I think of drawback and past . The person who truly realises the pain can only be sensed what I went through. First I am thankful to Mr Mohit Narayan from The Bharat news. He really feels her talent is extraordinary and gave a title. This is all the result of struggle, pain now to success. We feel blessed it's all the Swami's grace for what we are today.



Q.3 When in some people need explanation in relationship for each matter, half of women feel succum due to this?

The person who understand you doesn't require explanation. The person who doesn't require you will always needs explanation. Becoz the person and people around you wants you to be disturbed. Just stop explaining yourself. You have to answer your karma not others. If possible if the person wants to resolve just forgive and move on, overthinking is harmful.

Q.4 Why some people keeps finding fault everytime but never admit their mistake?

A sincere apology can save many relationship. Remember however the situation may be forgiving each other, holding each other by not involving third person will always save your relation. Finding fault will damage completely it's like a slow poison. You can not change some people mindset but atleast you can change the view perception for your own peace.



Forgive, Forget, and Flourish Together: In the New Year, let love be the compass guiding your journey, shielding your bond from external storms. Cherish in private, embrace in adversity, and always remember that together, you're an unwavering force of resilience and love.

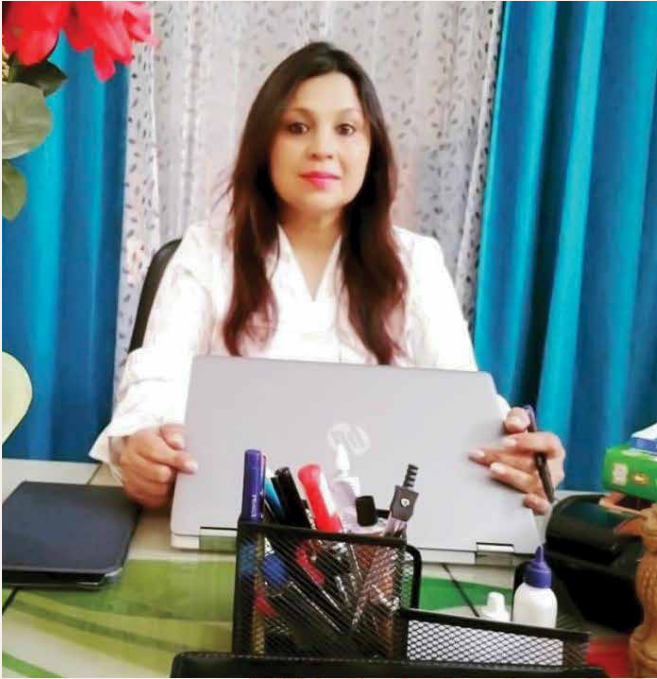
Q.5 Why some people never trust their women and they always blame inspite of knowing truth?

When a person doesn't trust you means he is not ready to see anything good in you. Such people's mindset you can never change. For them what good you have done, saved life doesn't matter they will just poke u for the mistake sometime u might have not done intentionally. This usually happens when person listen and believe other lies. It means their needs r end and they don't require you anymore. Remember true human won't believe rumours.

Q.6 What advice you give for relationship for new year 2024?

I request all relationship to forgive and forget past. And live your life to the fullest. Phase and situation might arrive and depart, It about holding each other hand especially in hard times. Keep your relationship private and in four walls. Don't share your personal to anyone bcoz people have mouth they will keep spreading things will worsen your relationship. Be always a rocking couple, lead an example. Do things which makes you happy. It's a life at end show much go on. Wishing a great new year to all.

Everything is in mind, To every problem there is a solution owner **“Pinaki Enterprises”** ~ Divya Vats



“ Happiness is State of Mind



landscape. She has been engaged in counseling for the past 18 years, offering her expertise to individuals facing challenges. Additionally, she has been teaching M.A. students, further emphasizing her dedication to higher education and the holistic development of her students.

A firm advocate of the power of mindset, Divya has been a subject guide for Army officers, doctors, industrialists, and college students, employing Talk Therapy (Cognitive Behavioral Therapy) to assist clients dealing with depression, anxiety, PTSD, low confidence, and organizational challenges. Her motivational prowess has not only empowered students but also earned her accolades such as the Roll of Honour in Psychology from MD University, Rashtriya Pratishta Puraskar 2021, and Best Educator & Clinical Psychologist from Diva Planet Magazine 2022.

Beyond her professional achievements, Divya is a multitasking woman who finds balance through reading, traveling, movies, music, swimming, dancing, and walks. She has redefined the meaning and scope of power by displaying different ways of utilizing it, and she takes pride in manifesting spirituality in her life.

Divya Vats, a distinguished Clinical and Industrial Psychologist, Educator, Writer, Blogger, Motivational Speaker, Social Worker, and Freelancer, is a dynamic individual with a rich background and an impressive array of accomplishments. Proudly bearing the title of an Army Officer's wife and the daughter of a retired Army officer, she has seamlessly juggled various roles, leaving an indelible mark in the fields of psychology, education, and motivation.

With a profound belief that "Everything is in the mind" and "To Every Problem, there is a Solution," Divya has dedicated her career to instilling confidence and happiness in others. Her extensive experience includes serving as a TGT (Biology) and PGT (Psychology) in schools wherever she and her family were posted. After leaving the school setting, she took on the role of a Professor in Ahmednagar, Maharashtra, contributing significantly to the academic



Felicitation has followed her at every turn, with awards like the Global Education Award 2023 recognizing her contributions. Divya's energetic, enthusiastic, vivacious, and fearless nature shines through in her role as an entrepreneur, as she proudly owns Pinaki Enterprises.

In the academic realm, Divya Vats has made significant contributions, including a published international paper on the "Role of Psychology in Constructing Society" with a high impact factor. Her commitment to education is further evidenced by her role as a counsellor professor at AHMEDNAGAR COLLEGE, (Ahmednagar) where she has been an integral part of the editorial board and a coordinator for extracurricular activities.

As a bold woman writer, Divya has published papers in prestigious journals, including the multilingual INTERNATIONAL JOURNAL VIDYAVARTA (ISSN-23199318) & SHODHAKAN (UGC Approved Journal) ISSN-22500383, 2017-2018 with an impressive impact factor

of 4.3/5. Her paper on the "Strategy of War & Psychology" was published in a UGC-sponsored national-level seminar in 2018-2019, delving into the psychological aspects of "Propaganda During War," positioning it as a potent psychological weapon.

In her counseling role, Divya has conducted workshops for SSB aspirants, handled counseling cases of all age groups at various levels, and organized sessions for parents, teachers, and students in diverse settings. Also She helps in dealing various problems related to Academics, Social, Emotional and Behavioural aspects. Her commitment extends to social causes, as she has attended various international and national conferences where she presented papers. Additionally, she actively engages in social work, feeding the poor and needy on an almost daily basis, and expressing her love for birds and animals.

In the Army Fraternity, she has organized workshops and sessions for families of other ranks on depression, self-confidence, and personality grooming/body language at different stations. For the past 19 years, she has also served as the master of ceremonies for numerous stage performances, showcasing her versatility and stage presence.

In essence, Divya Vats is a beacon of inspiration, embodying the values of sacrifice, teamwork, and mutual trust. Her warmth, kindness, and hospitality make her not just a professional but a friend who believes in others even when they cease to believe in themselves. She has also dealt with "Autistic" cases and handled & Groomed Well. Through webinars on mental health, soft skills for Ph.D. students, and online/offline counseling, Divya continues to make a positive impact on the lives of many, leaving an enduring legacy in the realms of psychology, education, and motivation.

Inspired Engineering: Journey from Electronics to Literary and Yogic Heights

Dive into the inspiring transformation of Dr. Sridevi Soundirarajan, blending engineering precision with literary prowess and yogic wisdom. Explore award-winning works, a successful podcast, and her role in empowering women globally. Discover the essence of her journey and upcoming creative ventures.

~ Dr. Sridevi Soundirarajan

Q.1 Dr. Sridevi Soundirarajan, your educational background is quite diverse. How has your training in Electronics and Communication Engineering influenced your literary and yoga pursuits?

My engineering background has surprisingly enriched my literary and yoga endeavors. The discipline and analytical skills honed in Electronics and Communication Engineering have been pivotal in both fields. Engineering's methodical problem-solving and attention to detail have seamlessly translated into structuring literary narratives and ensuring precision in yoga practices. This background has also instilled in me resilience and perseverance, invaluable in overcoming challenges in writing and yoga. These skills, though acquired in a different field, have significantly contributed to my success in literature and yoga.

Q.2 The 2020 lockdown was a turning point in your career. Can you share more about the thought process behind transitioning from a software job to pursuing your passions?

The 2020 lockdown was pivotal in discovering my Ikigai, leading me to transition from software engineering to my true passions: yoga and literature. Inspired by a yoga workshop and furthered by pursuing an MA in Yoga for Human Excellence, this period was transformative. Immersing myself in reading rekindled



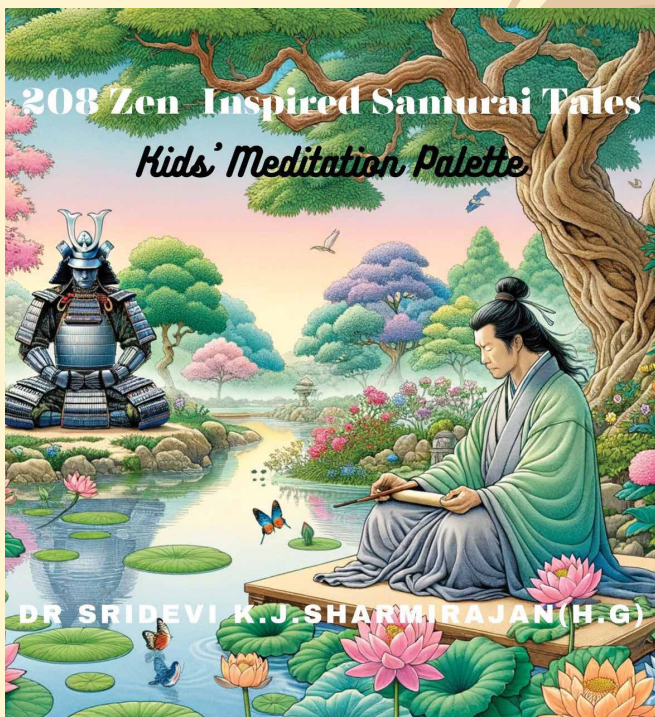
led my love for reading and writing, steering me towards a more fulfilling path. This shift from a stable software career to following my passions marked a change from merely earning a living to living a life rich with purpose and authenticity.

Q.3 Your book "POSITIVE INFINITY" garnered significant recognition in 2023. What inspired the themes and content of this particular work?

In 2023, my book "POSITIVE INFINITY" achieved immense acclaim, including a hat-trick award and multiple records, inspired by Dr. A.P.J. Abdul Kalam's wisdom. It's a collection of poems drawing on mathematical concepts, illustrating how a positive outlook can multiply and enhance life's quality. This exploration of everyday positivity led to my podcast, "SPREAD POSITIVE INFINITY WITH AUTHOR SRIDEVI," in its first season, focusing on shifting mindsets towards recognizing and amplifying the inherent positivity in life for an enriched daily experience and perspective.

Q.4 "Stressful Life vs Abundant Life: Yoga in a Samurai Way" reached impressive heights as a bestseller. How did you bridge the principles of yoga with the samurai ethos in this book?

My amazon #1 best selling book "Stressful Life vs. Abundant Life: Yoga in a Samurai Way" uniquely combines yoga's spirituality with samurai discipline, offering insights into stress management and achieving a fulfilling life. This integration of philosophies highlights mental resilience and mindfulness, resonating with readers and earning multiple awards, including the Golden Book Awards 2024, UKIYOTO LITERARY AWARD, INSPIRING INDIA AUTHORS AWARD 2023, and The Golden Wizard Book Prize 2024. These awards recognize its role as an exceptional literary work significantly impacting both grown-ups and children's literature, steering readers towards mental resilience, mindfulness, and a balanced lifestyle.



Q.5 As a prominent podcaster, what topics or guests do you prioritize on "Spread Positivity with Author Sridevi," and how do you ensure your content resonates with your audience?

My acclaimed podcast, "Spread Positivity with Author Sridevi," recognized in new

and noteworthy category on Apple Podcasts, made world records and awarded globally, intimately explores my books in each season. Season 1 delved into "POSITIVE INFINITY," highlighting themes of resilience and positivity. Season 2 focuses on "21 LAWS OF UNIVERSE," offering a poetic take on universal laws for personal growth. This solo podcast aims to provide listeners with relatable content and practical wisdom, transcending mere poetry readings to foster a community of enlightened, positive thinkers and achievers.

Q.6 As the Global Brand Ambassador for The Inspiring Women Community, what initiatives or projects are you focusing on to drive positive change globally?

At The Inspiring Women Community (TIWC), we are dedicated to enhancing women's wellbeing and empowering them to reach their full potential. Our programs are designed to support, celebrate, and honor women's achievements and journeys. TIWC is rapidly growing as a trusted platform that acknowledges and appreciates the diverse aspects of womanhood. We are committed to recognizing/inspiring women, sharing their stories to motivate others, and fostering a global community focused on women's empowerment and betterment.

Q.7 Can you shed light on any upcoming projects or collaborations that your audience should look forward to?

Expanding on "208 Zen Inspired Samurai Tales: Kid's Meditation Palette," I'm venturing further into creative literary projects. This unique coloring book intertwines 208 insightful tales with interactive art, drawing from "200 Zen Stories: Cultivating Positivity and Inner Peace" and "Stressful Life vs. Abundant Life: Yoga in a Samurai Way." Alongside, I'm working on anthology projects and a collection of quotes from my previous works. Additionally, I'm writing a fictional novel, promising upcoming releases that will captivate, inspire, and enrich readers globally with their blend of storytelling and wisdom.

You can't spell "HERO" without "HR"

The Multifaceted Role of HR: Nurturing Success and Building a Thriving Workplace ~ Shifa



“

**Treat your employees right,
So they won't use your
internet to search for a
new job.**

The Crucial Tasks of HR Professionals:

HR professionals undertake various tasks, including strategic management, wages & salaries, benefits, safety & risk management, minimizing liability, training & development, employee satisfaction, recruitment & onboarding, hiring, and maintaining compliance. Handling these responsibilities is no easy feat; it is a no-brainer.

The Power of Succession Planning in HR:

"Without the right succession planning put to play in human resources, we build for the future without a future. When HR solves the problem a company doesn't even know it has."

The Importance of Treating Employees with Respect and Dignity:

Treating employees with respect and dignity is paramount. Organizations that show appreciation for their people and encourage them foster a happier and more productive workforce. Progress is impossible without change, and those who cannot change their minds cannot change anything.

Human Resources (HR) professionals are the unsung heroes of any organization, serving as the unofficial psychologists, event planners, peacemakers, career planners, detectives, lawyers, and teachers. Their role encompasses a myriad of responsibilities, reflecting the complex nature of managing the human aspect of business. Human resources are like natural resources; they're often buried deep. You have to go looking for them; they're not just lying around on the surface."

VACANT

POSTULATE

REQUIRE



The Human Touch in Leadership:

Leadership involves compassion, listening, and inspiring. An innovative mindset, coupled with inventive thinking, is essential. True motivation comes from achievement, personal development, job satisfaction, and recognition. The strength of the team lies in each individual member, emphasizing the importance of collaboration.

Motivation and Culture Building in HR:

Motivation is key, coming from both financial and emotional investments. Recruitment is crucial to success, and development helps great people become even better. HR professionals understand the significance of hiring and developing people, emphasizing the value of human resources.

The Heart of HR:

HR goes beyond hiring and firing; it is the heartbeat that runs the business. Employees are not disposable commodities; their value is integral to an organization's success. Passion is irreplaceable, and companies should hire for passion and intensity.

Embracing Challenges and Achieving Success:

HR professionals, despite facing challenges, shape thriving and harmonious workplaces. Laughter, an integral part of life, fosters positivity and productivity. Success is multifaceted, requiring focus, hustle, vision, patience, sacrifice, and consistency. Personal growth leads to leadership that focuses on helping others succeed.

Building a Better Workplace:

HR professionals must lead with their hearts, recognizing the humanity of employees. Time spent on hiring is time well spent, and employees engage with employers when treated as humans. The combination of patience, persistence, and perspiration is the unbeatable formula for success. HR, as the strength of an organization, lies in its people. In three words, life goes on.

This comprehensive perspective on HR encapsulates its dynamic nature and the pivotal role it plays in shaping the success and culture of organizations.



Empowering Women and Nurturing Minds, A Journey through Literature, Podcasts, and Advocacy ~ *Mayaa*



Q.1 Mam , please brief our readers about yourself.

By Addressing women's daily challenges and advocating for equal rights, I navigate stress and instill hope through self-help books, especially discussing sensitive issues like suicide prevention. My contemporary prose work highlights onto break so many stereotypes about women and their power of self belief.

Q.2 Can you share insights into your podcasts on grammar and mental health awareness?

All writers write and reflect the same from their gut or intuition , so one must always keep energies calm and great so that one is at their highest actualisation of intellect and creativity to share great perspectives based on observation and experience in life .

Mental illness is still a taboo in India. Depression and anxiety distress are commonly dismissed as minor annoyances experienced primarily by the ultra-wealthy. Worse still, people with mental illness tend to hide their problems for fear of being condemned and ostracized by a conservative society .This needs to be addressed and spoken about.

Q.3 What themes or subjects do you often explore in your literary works?

Most of my writings emphasise on breaking stereotypes and echo gender inclusivity. I try to deploy direct storytelling, rooted in culture, deeply resonating and reflecting intimate human dilemmas. Fearless transgression of boundaries and ability to voice the feminine perspective is what I believe is an essential force in contemporary literature.

Q.4 Could you provide insights into your record-breaking achievements and how they shaped your career?

Most of my accolades stem from the inner belief that the word Impossible emulates "I am Possible". This is inspired by the fact that Women should take active part in decision making at every level and specific domains that they are related to. When women are living safe, fulfilled and productive lives, they can reach the full potential of their talents and intelligence in life.

Q.5 How do you believe your discussions on mental health positively impact your listeners and the community?

To achieve the objective of empowering people, youth should be provided with the opportunity to give direction. Successful individuals in leadership are self-aware because they understand what their values, addictions, habits, personality, and habits are and how much these actions affect them. This is possible only by understanding and valuing self growth alongwith good mental health.

Presents



TOP 50

REMARKABLE WOMEN

AWARDS 2024

(Season-2)

Register for Globally Top 50 Women Awards

Diva Planet Magazine Coming back with the
Top 50 Remarkable Women Awards 2024 (Season-2)!
Join Biggest Virtual Award Show Platform.

REGISTER NOW

C'TIMES

Magazine

