

Turning Dreams into Reality

Pursuing passion for fashion and content creation

Embraces

Simplicity but Elegance as a way of life.

Advocacy for Women

Inspires other women/ housewives to prioritize their dreams

Firm believer in the

'It's never too late to follow your dreams'

Champions the cause of women Empowering Women.

COVER STORY PG. 04

RACHNA BHATIA

EXCELS IN EXPERIMENTING WITH NEW FASHION IDEAS AND JEWELLERY.





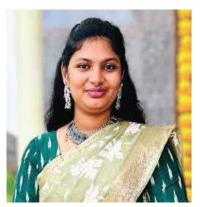
PG. 04
RACHNA BHATIA

Rachna Bhatia fearlessly embraces and content creation.





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Rachna Bhatia fearlessly embraces fashion and content creation, proving dreams have no age limit. - Rachna Bhatia

Rachna Bhatia's journey is a living testament to the mantra "It's never too late." From being a devoted homemaker to stepping into the world of fashion and philanthropy, Rachna showcases the beauty of pursuing one's passion. Her story inspires women to carve out time for their dreams and make a positive impact.





Q. Mam tell us something about yourself?

I am Rachna Bhatia, a 45-year-old woman hailing from Gurgaon, Haryana. Proudly identified as she/her, I play multiple roles in life – a devoted wife and a mother to two wonderful souls. Beyond my familial duties, I am deeply involved in social work and have embraced the title of a fashion influencer.

Q. You are into fashion and modeling show why you decided to follow modeling and pageants?

Fashion and modelling is diverse and allows you to channel your love for style.

Channelising my passion, love for style, enhancing love for your self, adds up faith in oneself, positiveness and self-assurance.

Most importantly i'can be myself freely as its flexible and allows you to choose your own path.



Q. What major achievements you have received till today?

Achievements are my complan to reach heights

Enlisting some of my achievements-

- Mai hu Gandhi award (2022)
- Durga shakti award (2022)
- Arya samaaj award
- Voice of panipat award
- Dainik jagran award
- Corona yodha award (2022)
- Awarded by DC KARNAL
- Awarded by DC PANIPAT
- Akhil bhartiye bhatia mitra mandal award
- Kalki news award
- Women conclave award
- Mrs. Adventurous in Grehlakshmi Mrs. India contest

My achievements helps me to wake up everyday and work hard.

Q. Any one tip you want to give to other women outthere, who want to go into shoots and modeling.

Tip i would like to give women out there. First of all, all women are beautiful in there own way.

Never hold yourself back, do what you love. And, learn to embrace rejections- its a part of territory, Don't base your self-worth on rejections, work hard and keep loving every part of the journey.

Q. What you do to keep yourself fit?

A healthy lifestyle can help you thrive throughout your life. It isn't easy but efforts will pay off in many way for rest of the life.

- Well balanced, low-fat diet with fruits, vegetables and whole grains.
- Drink 4 Its of water everyday
- Physical activity for 30 minutes daily
- Avoid Alcohol and smoking
- Skipping meals in a strict NO
- Using stairs instead of lifts and escalators

Q. How much importance you give to your fitness?

Fitness is one of the essentials of human life as it improves brain health, help manage weight, reduces risk of disease, strengthen bones and muscles, and improves ability to do everyday activity.

Also keeps away from stress and anxiety. I try to focus on every aspect of it. Its as important as my passion is. So Choose healthy aspects and stay fit.

Q. What activity made you feel most happy?

Happiness is something we can't describe in words, it comes with the feeling of inner joy and satisfaction.

Serving my family and helping the people in need makes me the most happiest

Would surely like to share this thing- Served almost 60% of covid patients by providing them homemade meals during pandemic. Me and my 2 sisters started this campaign by the name of BHATIA SISTERS in 2020.

Currently, also associated with many NGO's to serve people.

The smile on their face gives me the joyous feeling.

Keep helping the people in need and spread joy and happiness.

Q. Which one achievement you find closest to your heart?

Achievements are overwhelming and every part of it is special.

Achievements not only makes us proud, but uplifts the confidence in one self and definitely enhances the personality too.

Each and every achievement is close to my heart.

The most closest, which really got me to the high skies- Got awarded by DURGA SHAKTI AWARD.

Always get inspired from goddess Durga, honoring the resilience and grit of women of india.





Pearl Kaur: Navigating Life's Unexpected Turns, From Schooling to Founding

"PEARL EDUCATIONAL TRICKS" ~ Pearl Kaur

An educator and founder of Pearl Educational Tricks, shares her journey from completing her education to facing challenges in the teaching profession. Despite setbacks in the private school sector, she found her passion in teaching

found her passion in teaching teachers and founded her platform focused on experiential learning. Pearl, recognized as the Young Educationalist of the Year in 2023,

earl Kaur, an educator and founder of the most loved and acknowledged learning platform-PEARL EDUCATIONAL TRICKS, Lam Delhi-based, L completed my schooling at the Convent of Jesus and Mary. After that, I opted for distance learning from the India Education Centre (Himachal Pradesh) Along with it I was pursuing a Diploma in Event Management but due to COVID-19, destiny decided something else for me and opened all the

closed gates and made me An Educator and Founder. I am a dog lover and a most humble person if you meet me personally. I keep my work and personal life under wrap as I am a secretive person. I believe in the teachings of Guru Nanak Dev Ji. The person who was always behind me and protected me from my self-thoughts was my MUMMY. I always make sure to keep myself updated about clothing and jewellery. In my opinion, make our work speak louder than your words. Words can be forgotten but work shines forever.



Her goal is to contribute to the holistic development of children and extend teaching workshops globally on the significance of experiential learning.



Q. How was the start?

I completed my Bachelor of Education, Diploma in Early Childhood Care and Education and obtained certification in Phonics from Safal Teacher Training. My motive was to convey my knowledge to students, Whatever I have learnt I believe that rather than keeping it, we should share it and vast our knowledge as they are future builders of our society.



Q. How was my journey and what challenges I have faced?

My Journey involves a lot of sweet, emotional, and bad phases that make strong and intellectual women.

After completing my education, I got my first job in a well-known school in West Delhi but it seemed a disastrous decision. Due to the Pav scale and the Teacher's social environment was depressing. So I left the job and worked in a different school. I have more than 2 years of experience. The journey of private schools was a mixture of sweet and salty memories. I suffered a lot of work pressure, the pay scale was not up to the educational policy, disrespected teachers by school authorities, zero appreciation for extraordinary work and I had no job security. My interest has always been to teach teachers instead of students because they are foundation builders. They need to adopt a change in their teachings to fulfil the child's needs. Because of this, I became the founder of Pearl Educational Tricks and helped teachers who were facing problems with content delivery or those who were inspiring teachers. We focus on experiential learning and quality of education, we are preparing the future of society.

Q.What do you like most about your profession?

If you told me not to teach for a day, it would be a difficult period for me. Teaching is something that guides me on what I want from my life and how I can help everyone achieve their full potential. When teachers messaged me and told me the feedback on activities or selected in an international school or cleared the demo session in school smoothly. I feel extremely blessed and overwhelmed when teachers tell me they want to be like me!





Q.How do you manage the profession together?

I work in school meanwhile I need to shoot videos and select a relatable topic which is quite time-consuming. But still, I managed it from my end not to leave any work incomplete. My motive is always to finish my school paperwork in the school itself so that I can focus on my content, recording and editing the videos in my free time. I scheduled my work accordingly as per my workload. Therefore Now I am habitual of it and work extra hours on weekends to provide them access to quality education and experiential learning.

Q. What have you achieved, and what are your current goals?

I am blessed to have such a loving and caring family who supported me. We were awarded Young Educationalist of the Year in 2023 along Asia Iconic Awards in 2023.

My goal is to work on the holistic development of children to fulfil their needs and interests. We desire to reach progressively every private or government school or training institute to offer them a teaching workshop online as well as offline globally regarding the importance of experimental learning.

Q. If your message could leave readers with one thought, what would it be?

You need to always Trust the timings. Remember my friend every good thing takes time to proceed further. Let your work speak louder than your words. Words can be forgotten but the work shines forever.



Journey of Empowerment from Student to Educationist, Author, and Certified Nutritionist ~ Swati RamRaj Sharma

Swati Sharma's journey is a living testament to the mantra "It's never too late." From being a devoted homemaketo stepping into the world of fashion and philanthropy, Swati showcases the beauty of pursuing one's passion. Her story inspires women to carve out time for their dreams and make a positive impact.

wati RamRaj Sharma, A Student cum Educationist, an Researcher and a Certified Nutritionist cum Self-Love Coach." I am putting my parents name because they are the one for me after God. who supports and helps me in many ways even by going against society. Many people said them not to waste the money on teaching a girl child. But they never listened to them and give me best education in every way. I am a **student** because I am willing to learn new things every day. I am an Educationist Science-Biology teacher and till now my students result is 100% by the grace of God. This thing motivates me every day and I am also learning so many things from

my students. I never want to be a teacher before but as I

enter in this profession I am enjoying it a lot. That's true that every child is a fresh and new book to read and understand. We need to read them carefully and have to handle them patiently. My students are remembering me for my different way of creating discipline.

I am an **Author** and I started writing since 2015. My parents, teachers, friends and loved one always appreciate my writing. They always were saying me to keep writing. When my father gets retired I advised him to start writing again. But he refuses.





Then suddenly one idea pop-up in my mind that why shouldn't I started writing. Which advice we give to others proves boon for us, when we start to apply it. One of my stories 'Dayitva' had been published in Dev Chetna Magazine and one of my Articles is published in a book 'Naav Kagaj Ki Aasoon Ka Dariya' by DOW publication, Mumbai. Recently my 4 Books are published by DOW Publication, Mumbai. 'Thirkata Jugnoo' whose English translation is 'Dancing Firefly' and 'Silent Drops' whose Hindi translation is 'Maun Boonden'.





My upcoming Books are a love story novel, some self-help and self-love novels, My father's Biography. I am a Researcher because I love to do research on each and everything like on behavior of people. How and why one person becomes dissimilar in their behavior and the way to react with another one? So that we can overcome the crimes spreading among new generation and also become able to initiate the positivity, peace, balance and oneness among all. One of my chapters (Bio-engineering-An emerging trend in Biology; An Introduction) is coming in a book, which will publishing by IIP publisher, I am a Certified Nutritionist as I lose my 10 Kg weight and also cure fatty liver issue by taking nutrition diet properly (for that I joined a course by NFNA, Kolkata for become Certified Nutritionist). Many people cure various diseases and lose and gain weight and keeps themselves fit and in weight balance through my diet plans, I am Self-Love Coach as I am giving Self-Love Sessions to the one, who require so they becomes more confident and clear in taking important decisions of their life.

Since my childhood my Father brings books for me to read. He also loves to read books and he was an excellent poet also. He did some acting also in a serial named 'Band Darwaja'. He is rtd. Protocol Officer at District and session Judge Court. He wrote poems and I sung them in my School poem Competitions. I took part in each and every kind of competitions conducted at my school. Teachers add my name in every competition without asking me. Whether, it was a dancing, singing, painting/drawing, poetry, fancy dress, sports etc. I took only three times part in fancy dress competition and two times I was the winner (at 8th STD. I was a nurse and one more time I was Rani Lakshmi Bai, during B.Ed. I was in a role of Shri Krishna on janmashtmi). I was a topper, got a certificate and a trophy from 'Brahman Samaj' community and also got 'Miss. L.A.S.E.A' award during farewell on the basis of my overall performance in school. During college time I got a runner-up trophy in poster making competition during Inter-college competition, and many district level awards for poster making and drawing and painting competition one of them was by "Bharat Vikas Parishad", in which I had drawn a sketch of "Indira Gandhi" and got 2nd runner up prize during my schooling. Whenever I get upset my father says the lines which always inspires me are:- "Yoon naa dekho maujhe hans-hans kar, wagt ka kya pata kahin mujhsa na kar de". "Zaalimon apni kismat par nazaan naa ho, daur badlega, ye waqt ki baat hai. Vo sunega yakeenan duayen meri, kya tumhara khuda hai? humara nahi?". "khud hi ko kar buland itna ki khuda bhi apne bande se khud pooche- bata teri raza kya hai?" Always try, try and try, and one day you will definitely get success."

Despite of being an Educationist, Author, Student, Nutritionist, Researcher and a Self-Love Coach. I love cooking, singing, drawing, painting, dancing, anchoring, reading, yoga, meditation, rangoli making etc. Recently I am trying to learn playing Guitar. I love to get inspired and to inspiring others and learn new things which create and spread humanity among all. I am not in the favor of either men or women. But yes, I supported to be a human. A human being in a real sense. I am in the favor of creating a revolution which is full of peace, love and humanity and wants to create a world where each and every one gets to know the moral of their life. Because of my qualities my friend and clients called me "Infinity Girl". My recent awards and certificates are: - Certificate on teacher's day, Indian Icon Award, Aacharya Devo Bhavah Award, Top 100 writers Award under poetry competition "Wings of Words" by Cosmic Inception Publication, Indian Proud Book of Records, National Achievers Award, and She Rise Achievement Gala 2023 and many more are yet to come.





Unveiling the Path to Personal and Spiritual Enlightenment: A Journey of Healing, Discovery, and Empowerment - Chaittali



Q. We know about your contributions to the ecosystem. Could you please tell us about your background and journey?

I started my professional journey in 2019 as a mental health counselor. I always had a strong desire to understand the human brain better. As time went on, my interest in occult sciences grew, and I began to learn about various healing practices like tarot card reading, aura reading, face reading, candle magic spells, and reiki healing, which are different ways to help people.

In 2019, this individual commenced a professional journey as a mental health counselor, driven by an innate fascination with the intricacies of the human mind. Over time, this pursuit evolved into a profound exploration of spirituality, encompassing diverse practices such as tarot card reading, aura reading, face reading, candle magic spells, and reiki healing.

Q. How did you discover what you are passionate about?

When I had two children aged 7 and 11, I became curious about what was going on in their minds and how I could help them deal with different situations. During the COVID pandemic, I encountered many people with various mental health issues, which led me to delve deeper into spirituality so I could find answers for myself and assist others.

Q. How do you keep going despite challenges? What motivates you?

My motivation comes from challenging and dispelling myths and stereotypes about the wellness journey. I want to encourage people to be self-aware and have the courage to engage in their own therapy, living a life filled with respect, dignity, and ethical principles. I believe our time on Earth is short, so let's make it a kind place for everyone by helping and empowering one another.

Q.Who do you think has been the biggest source of motivation in your daily life?

Life itself is my greatest source of motivation. Additionally, my children, Naysha, Dhveer, and Oreo, provide me with strength and joy, helping me carry out my daily activities.





In the tapestry of healing, success is a collective weave of kindness, self-awareness, and resilience.

Q. What are some strategies that have helped you grow as a person?

There are a few strategies that have contributed to my personal growth:

- 1. Practicing mindfulness.
- 2. Always being resourceful.
- 3. Taking full responsibility for my actions.
- **4.** Having the courage to take risks and explore uncharted territories.
- **5.** Maintaining a never give up attitude, even when it seemed like the only option.

Q. In your opinion, what are the keys to success?

Uccess involves various factors, but if I had to pinpoint the key elements, they would be:

- 1. Accepting and loving oneself.
- 2. Taking responsibility for one's actions.
- 3. Advocating for oneself.
- 4. Practicing gratitude.
- 5. Uplifting one another.
- 6. Cultivating curiosity.
- 7. Maintaining a positive attitude.
- **8.** Believing that consistency and faith can turn dreams into reality.

Q. Finally, what makes your journey satisfying and exciting?

The most satisfying aspect of my journey is receiving positive feedback from those who have been inspired by my sessions. Witnessing transformations in their lives and journeys brings me immense satisfaction because I see their success as my own. I've learned that, through my journey, the most important person to be there for oneself is YOU, so strive to be the best version of yourself. It's less about recognition and more about the Universe confirming that I'm on the right path.



Beyond Boundaries with

Dr. Sridevi's Multitalented Odyssey in Art, Yoga, and Literature ~ Dr. Sridevi Soundirarajan

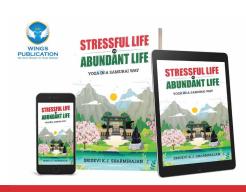
Dr. Sridevi Soundirarajan, a versatile professional, shifted from software to a career in yoga during the 2020 lockdown. Her diverse skills in dance, writing, and more showcase a holistic approach to life, inspiring others to pursue their passions.

he turning point in her life occurred in August 2022 when she decided to take part in an essay competition. Her essay, titled "My First Novel," eloquently delved into the intricacies of the five-part epic, "Ponniyin Selvan," encapsulated within a concise seven-page essay. To her delight, this essay found a home in a prestigious magazine, igniting her passion for writing.

Spurred on by this success, she went on to craft her inaugural poetry book, "Positive Infinity." This collection of verses garnered three prestigious awards, solidifying her path as an author.

Sridevi's journey in the world of literature is nothing short of remarkable. Her literary achievements have not only left an indelible mark but have also garnered her prestigious recognition in 2023. One of her most celebrated works, the poetry book titled "POSITIVE INFINITY," stands as a shining testament to her talent. This exceptional book achieved a trifecta of awards, including the GOLDEN BOOK AWARDS in the category of positivity poems, the INTERNATIONAL EXCELLENCE AWARD in the category of poets, and the 21st CENTURY EMILY DICKINSON AWARD.

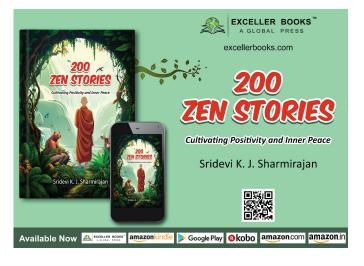




Stressful Life vs Abundant Life by Sridevi K.J. Sharmirajan ${\bf available} \ {\bf on}$

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But her literary prowess doesn't stop there. Sridevi's second book, "21 LAWS OF UNIVERSE," and her enchanting creation, "MY BOOK KINGDOM," have also received the coveted LIMITED EDITION 21st CENTURY EMILY DICKINSON AWARD. This recognition attests to her consistency in delivering literary excellence and a unique voice that captivates the hearts and minds of readers.

Her fourth book, "ENCHANTED SEASONS: EMBRAC-ING NATURE'S MAGIC," her fifth masterpiece, "IKIGAI'S LIGHT: ILLUMINATING LIFE'S PATH," and her sixth gem, "ICHIGO

ICHIE HARMONY: THE GIFT OF THE PRESENT MOMENT." have each been honored with the AUTHOR FINISHER AWARD from AUTHOR FREE-DOM HUB SOCIETY. This series of accolades showcases her unwavering commitment to inspiring and enlightening her readers through the written word. Sridevi's commitment to promoting well-being and positivity is evident throughout her literary work. Her book "STRESSFUL LIFE VS ABUNDANT LIFE: YOGA IN A SAMURAI WAY" soared to the #1 bestseller position on Amazon. This remarkable feat not only speaks to her writing talent but also to the immense impact of her message. In recognition of her profound influence, she was honored with the INSPIRING INDIA AUTHORS AWARD in 2023, a testament to her dedication to empowering individuals and fostering personal growth.

Her ability to inspire and uplift through her writing is something that truly resonates with her readers. Continuing her literary success, her books "THE SAMURAI JOURNAL" and "ZEN BOOKSHELF" also clinched the prestigious PROLIFIC AWARD at AUTHOR FREEDOM HUB. These works further demonstrate her versatility and her capacity to touch on various aspects of life, from the spiritual to the practical.

"200 ZEN STORIES: CULTIVATING POSITIVITY AND INNER PEACE," another jewel in her literary crown, reached great heights by winning the INTERNATION-AL EXCELLENCE AWARD in 2023, specifically in the category of FEMALE WRITERS. This achievement, coupled with another PROLIFIC AWARD from AUTHOR FREEDOM HUB, and the book got nominated as the writer of the month and weekly book trends at Writer's Excellence 2023 by NE8X solidifies her status as an author who crafts words that inspire and uplift, leaving a profound impact on her readers. In addition to her literary achievements, Sridevi has received a slew of prestigious awards that recognize her as a changemaker in her field. She has been selected as "Top 10 Writers 2023" by the interview times magazine. The NARI PRATIBHA SAMMAN CHANGEMAKER 2023 from Sheforward, BHARAT VIBHUSHAN 2023, RABINDRANATH TAGORE LITERA-TURE AWARD 2023.INTERNATIONAL LSH AWARD 2023, ICONIC NARI SAMMAN PURASKAR 2023, BHARATIYA BHANUSIMHA PURASKAR 2023, SAHI-TYAKOSH SAMMAN 2023, TAGORE COMMEMORA-TIVE HONOUREE AUTHOR OF 2023, BOOK HONOUR

RECIPIENT 2023, SPEAKER HONOUR 2023 TALKS EDITION and INTERNATIONAL IKIGAI AWARD 2023 by DRDC GLOBAL all celebrate her dedication to empowerment and her profound impact on the lives of women. She won world great deeds award from World's greatest records.

Sridevi's multifaceted career extends beyond the written word. Her podcast, "SPREAD POSITIVITY with AUTHOR SRIDEVI," adds another layer to her already impressive repertoire. Available on Apple Podcasts in the New and Noteworthy category, her podcast has made a significant mark in the world of audio content. She has earned the title of "The Author behind Positive infinity and iconic podcaster of 2023" by the Influencer Book of World Records and Bharat Record Book 2023, and she has received the "Iconic podcaster and Author of the Year 2023" from the She Rise Achievement Gala 2023 by Diva Planet Magazine. Her podcast complements her written works by delivering messages of positivity, inspiration, and personal growth to a wider audience. Sridevi's commitment to inspiring and uplifting others has led her to become the GLOBAL BRAND AMBASSADOR AND INTERNATIONAL LITERARY AMBASSADOR of THE INSPIRING WOMEN COMMUNITY (TIWC). At the core of Sridevi's life lies a profound adage: "ATTRACT POSITIVITY, REPEL NEGATIVITY, SPREAD POSITIVE INFINITY." This motto embodies her philosophy of life and it serves as a guiding principle for her work. Sridevi continues to shine as a beacon of hope and inspiration, lighting the way for a world that can always benefit from more positivity and optimism.





Journey of Versatility From Academia to Entrepreneurship and Beyond - Vooha Ram



commenced my professional journey in 2020 as an HR Trainee while concurrently pursuing my BBA degree in the third year. As a consequence of the COVID-19 pandemic, my academic course duration was extended. I possess a deep passion for the medical field, which led me to complete my 12th grade in

biological sciences and undertake numerous entrance exams. Although I successfully qualified in various fields, my interest primarily lies in the entrepreneurial realm. Thus, I made the decision to pursue my graduation in BBA - Hospital Management. I attained my degree from Sri Ramachandra Medical College in Chennai. Subsequently, in 2021, I joined Profitsgenix, a startup company, as an HR Deputy Manager. Simultaneously, I have a strong desire to continue my studies. I enrolled in an MBA program specializing in Hospital Management at the Apollo Institute, as well as pursuing a course in LLB due to my interest in the field. Profitsgenix has afforded me an opportunity to witness tremendous growth within the company. Consequently, I have been promoted to the position of HR Manager in just six months I joined Profitsgenix in HR, but I'm involved in every aspect of the business. I work in operations, recruiting, sales, etc. In 2020, I tied the knot. My hubby gave me a lot of support. That I have a husband like him is such a blessing. My uncle provided me with excellent support from the beginning of my education. He gave me so much training that I can do anything. My family is my strength; they will support me no matter what. My spouse has encouraged me to pursue my interest in acting. I took part in a web series and participated in Mrs. Hyderabad 2023 I became pregnant in 2022 and put on extra weight. However, my spouse encouraged and supported me in trying to lose weight. To me, he is the ideal mate. I considered quitting my job since I can't handle both work and my infant. However, Profitsgenix allowed me the opportunity to work from home, and my mother also provides excellent assistance while I'm working.







Q. What brought you the greatest joy?

I was happier as a woman after giving birth to my child. For all women, it is akin to a fresh start. It is the most significant accomplishment of my life.

Q. As an HR specialist, how do you engage with others?

Working as an HR professional entails interacting with more people. Building a network is crucial for human resources. Social media has made it simple to interact with everyone. Learning about others was really beneficial to me.

Q. What challenges were encountered? People sometimes try to dominate me since I'm young compared to them, but I'm able to defeat them. Age has no bearing on aptitude. People of younger ages are becoming smarter as generations shift.

Q. A note for the readers?

Believe in yourself. Recognize your abilities before acting upon them. Achievement will come naturally.



Crafting Laughter and Dreams in the World of Memes

~ Anjali Tiwari

Anjali Tiwari's story is a vibrant tapestry of passion, creativity, and resilience. From discovering the world of memes during lockdown to aspiring to be a prominent influencer, Anjali has not only found a career but a source of joy for herself and those who engage with her content. Her journey challenges stereotypes, emphasizing that creativity knows no gender. As she continues to craft laughter and dreams, Anjali's advice resonates—chase your dreams, stay positive, and cherish the support of your loved ones.



njali Tiwari, having completed my college education at Shri Ram Swaroop University. I have Six members in my family including my self My father is a Teacher (Government) and mother is House wife. I have three years of experience in meme Creator and Content Creator on Social media

platform. As a experienced, I want to build my Career with a well-known organization where I can apply my knowledge skills and gain hands-on experience and my long term goal is to became a famous meme creator on Instagram and best influncer on social media feild.





Q. Which achievement is your most favourite till now?

Well, there have been many big achievements in my Life but my biggest achievment was being selected for miss freshers of the college. I was not at all sure that I would get this because even though I was standing in front of the nominees, Suddenly I heard my name and was mainly shocked, speechless because out of 10000 Students, only you got the Miss Fresher tag and my parents also felt very proud.

Q. Can you give us a Sneak peak about your daily routine?

Of course, I woke up early in the night and Whatever I did before sleeping. I use to think and write diary and when I woke up in the morning I Started doing my work again with a positive energy. I have also helped my mother in the house hold work.

Q. There is a misconception that meme Creator profession mainly dominated by men what would say about it?

Creating memes is not just for men, people of all genders make memes. Anyone can be meme Creator and creativity is not limited by gender. The idea that it's mainly dominated a stereotype that doesn't reflect the diverse reality of meme culture.

Q. Any piece of advice you want to give to our readers?

Run after your dream and listen to your parents, do whatever seems right in life but one at home Should know what you are doing be supportive & positive.

Q. What your favourite hobbies to do?

My most favourite hobbies to is to trying new varieties of foods & items in veg and I also like reading Love Story Comics.

Q. From where you get the idea of being a meme Creator?

In 2020, During lockdown I had nothing to do. But One day me & my sister was Scrolling Instagram & Suddenly her eyes noticed a line meme which was relate to our situation, which we do. Some moments in a funny way, from that day. I got this idea, why don't' I also make memes.

Q. Do you have any another plan for your Career or you want to pursue same?

I want to continue this because I am very happy with my work. Not because I get money, because of me others get a Chance to laugh and I feel very proud of my self. And in the future also, I will continue to create memes So that people smile on their faces and the reason for that smile is the memes left by me.



Mastering Pageantry, Nurturing Passions, and Overcoming Health Challenges for Empowerment and Fashion Excellence - Mitashree

Mitashree's journey is a beacon of resilience, passion, and empowerment. From conquering pageantry challenges to nurturing diverse passions, her story reflects strength and determination. Mitashree's path serves as an inspiration, illustrating the transformative power of embracing one's passions and navigating challenges with grace.



itashree, a native of Guwahati, currently serves in a PSU Bank. With diplomas in fine art and junior classical music, she proudly holds the Mrs. India Body Beautiful title, securing a top 8 spot. Balancing her banking career with a love for the arts, her journey reflects a harmonious blend of tradition, artistry, and personal achievements.

Q. How you had started your pageant journey?

Embarking on my pageant journey with Mrs. India marked a significant chapter in my life. Before this experience, I had no prior exposure to the world of pageantry, and no member of my family had ever ventured into this realm. This initiation became a transformative milestone, introducing me to the intricacies of the pageant world and paving the way for a journey of self-discovery and personal growth.

Q. what are your favourite hobbies?

Engaging in a diverse array of hobbies, I find joy and fulfillment in the rhythmic movements of dance, the soulful melodies of singing, the expressive strokes of painting, and the enriching experiences of travel. Each of these activities adds a unique and vibrant dimension to my life, allowing me to explore various forms of creativity, self-expression.



Mastering pageantry, nurturing passions, overcoming obstacles - my journey is a testament to strength and empowerment.

Q. what challenges you faced during your pageant days?

Entering the realm of pageantry without any prior background proved to be an entirely novel experience for me. The challenges ranged from confidently striding in 5/6-inch heels to mastering the art of posing before the camera, presenting a steep learning curve at the outset. Despite these initial hurdles, the journey culminated on a positive note, and I find immense joy and thrill in securing a position among the top 8 contestants in my inaugural pageant.

Q. Please share your skincare routine with our readers .

Commencing my day with a refreshing glass of water, I prioritize a daily skincare routine that involves cleansing and moisturizing to maintain the health of my skin. Additionally, I indulge in a facial treatment once a month to give my skin a rejuvenating boost. Embracing a minimalistic approach, I opt for less makeup on a regular basis, and before retiring for the night, I ensure to thoroughly remove any makeup, emphasizing the importance of a clean and healthy skincare regimen.

Q. Do you want to pursue your career in modeling & pageants or do you have some other plan?

With a full-time job occupying much of my focus, the idea of venturing into a career in modeling or pageants hasn't crossed my mind extensively. However, it's a realm that I genuinely enjoy being a part of. Balancing the demands of my professional life with the passion I find in modeling and pageantry, it remains a fulfilling and cherished aspect of my pursuits, even though it hasn't taken center stage in my career considerations.



Q. Which is your most favourite achievement till now?

When I was young, I got really sick. It was tough, and I had to work hard for a long time to get better. That's why my favorite thing I've done is getting through those tough times and getting healthy again. It wasn't easy, but it taught me to keep going even when things are hard, and that's something I'm really proud of.

Q. What motivates you to be in Fashion world?

In my view, fashion holds the power to empower individuals, instilling a sense of confidence that transcends mere clothing choices. Our unique fashion sense serves as a visual representation of our personalities, allowing us to express ourselves authentically. I firmly believe that the right outfit has the potential to work wonders, not only enhancing our physical appearance but also boosting our self-assurance and leaving a lasting impression on those around us.



Youngest kid of 2023 to solve 100 sums in 4 min 55 sec with abacus ~ Rishika Tyagi

A prodigious talent, breaking records in abacus and oratory, inspiring young minds globally with focus and determination. Her story is a

testament to the extraordinary potential within every child.

n the bustling city of Gurugram, Haryana, a young prodigy named Rishika Tyagi, a student from St.Xaviers high school, sec 49,

Gurgaon, has emerged as a beacon of inspiration for her generation. At just nine years old, she has etched her name in various record books and showcased unparalleled skills in mathematics, oratory, and more.

Rishika's journey began with a remarkable feat in 2021 when she set a record by reciting 100 Sanskrit words in a mere one minute. The following year, she made waves as the voungest TEDx keynote speaker, captivating audiences with her exceptional oratory skills. In 2023, she astounded the world by solving 100 mathematics questions using abacus and intuition skills in an astonishing 4 minutes and 55 seconds.

Her achievements haven't gone unnoticed, as Rishika now holds a place in prestigious record books such as the World Wide Book of Records, High Range Book of Records, India Book of Records, and International Book of Records.

When asked about her interest in abacus. Rishika explained that the focus required for abacus calculations significantly enhances clarity of thought. She emphasized the importance of blindfolded visualization, describing how it charges her brain nerves and improves concentration. Rishi-



ka, an avid practitioner of brain yoga, spoke passionately about the balance between logical and creative aspects of the brain achieved through abacus speed writing. Rishika's journey with abacus was not without challenges. Initially resistant, she eventually embraced the discipline with the guidance of her mother, who became an abacus teacher during the lockdown. Rishika highlighted the significance of learning at a young age, acknowledging the faster grasping power of children aged 6 to 14



Consistency, according to Rishika, is the key to success. A proficient public speaker, she is set to launch her own storybook titled "How to Overcome Stage Fear." Rishika is an active member of the TED Ed Club, participating in speaking competitions and gearing up to launch her podcast channel. She is also a tennis enthusiast, believing in the connection between a healthy mind and a healthy body.

Her recent accomplishment includes qualifying for the National Level Abacus Competition, setting a record with a remarkable time of 4 minutes and 55 seconds for solving 100 abacus sums.

Rishika's multifaceted talents extend to her participation in school activities, including debates, global public speaking championships, podcast challenges, and national speech and debate tournments.







Compose your success with determination, play the rhythm of focus, and harmonize it all with the consistency of your efforts. Just like Rishika Tyagi, let your journey be a masterpiece of inspiration.

In her latest venture, Rishika has penned a collection of short stories in a book that chronicles her personal journey of overcoming stage fear. With a podcast channel on the horizon and aspirations of a Guinness World Record, Rishika Tyagi is poised to achieve even greater heights.

This young trailblazer's solid understanding of achieving clarity and focus is undoubtedly praiseworthy. Rishika Tyagi stands as an inspiration, especially to children of her age, showcasing that with determination and focus, one can accomplish anything. As she looks forward to contributing to her country's welfare and representing it on the global stage, we extend our best wishes to Rishika for her future endeavors. May she continue to achieve and inspire others to reach for their dreams.



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